Potomac Heritage National Scenic Trail, a network of trails and routes for non-motorized travel between the mouth of the Potomac River and the Allegheny Highlands.
Conservation history...

- Interstate Commission on the Potomac River Basin
- Clean Water Act
- “Potomac National River” & American Heritage River
- Mount Vernon viewshed/Piscataway Park
- Chesapeake and Ohio Canal
- bald eagles
- Chesapeake Bay
- Laurel Highlands Conservation Landscape Initiative
Studies...

- Ian McHarg, Potomac River Basin Study in *Design with Nature*
- Frederick Gutheim, *The Potomac*
- The Accokeek Foundation, Potomac River Heritage Project
- Potomac River Greenways Coalition: *Potomac River Greenways: A Shared Agenda*
- Karen Zachary, *Landscapes of the Potomac*
- 1994 RPO study of tidal river and stream access...
Planning...
The Trail is a national meeting ground of ideas and practices, reflecting a desire for the conservation of lands and waters, for educational opportunities combined with outdoor recreation, and for a celebration of regional diversity and distinctiveness.

- **Natural History and Diversity:** Between the Chesapeake Bay and the Allegheny Highlands, the Trail corridor includes portions of five distinct physiographic regions; each, in different ways has inspired and shaped hundreds of human generations.

- **Boundary, Corridor and Crossroads:** As a boundary between north and south and an east to west route into the North American interior, the Potomac River has been a crossroads of opportunity, diversity, and conflict.

- **Nation-Building / Nurturing A Nation:** Routes connecting the Potomac River with the Forks of the Ohio provided an essential context for the development of the United States.
Perspectives...
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